



## STROOP EFFECT

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Directions: Read the list from left to right and time how fast it takes you to say the whole list.

Make sure you say the color that the word is written in and **NOT** the actual word.

YELLOW	GREEN	BLUE	YELLOW
RED	BLUE	YELLOW	GREEN
YELLOW	GREEN	BLUE	GREEN
GREEN	RED	YELLOW	GREEN
RED	BLUE	RED	BLUE
BLUE	BLUE	YELLOW	RED

Time: \_\_\_\_\_