



## STROOP EFFECT

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Directions: Read the list from left to right and time how fast it takes you to say the whole list.

Make sure you say the color that the word is written in and **NOT** the actual word.

RED	YELLOW	BLUE	GREEN
GREEN	BLUE	YELLOW	YELLOW
BLUE	GREEN	BLUE	GREEN
YELLOW	GREEN	RED	RED
BLUE	RED	YELLOW	BLUE
GREEN	YELLOW	BLUE	RED

Time: \_\_\_\_\_