



STROOP EFFECT

Directions: Read the list from left to right and time how fast it takes you to say the whole list.

Make sure you say the color that the word is written in and **NOT** the actual word.

RED	GREEN	BLUE	YELLOW
YELLOW	BLUE	YELLOW	GREEN
BLUE	GREEN	BLUE	GREEN
YELLOW	YELLOW	RED	GREEN
RED	RED	GREEN	BLUE
BLUE	YELLOW	BLUE	RED

Time: _____